

Are you sick of setting goals
but never achieving them?

SRC IS RUNNING A SPECIAL EVENT-

"HOW TO SET GOALS THE RIGHT WAY"

THUR 1 DEC 2016

6.30 - 7.30PM

SRC BOATHOUSE

PRESENTED BY

JEN EDGE

MINDSET COACH AND PHYSIO

At this FREE info session you will learn:

- The science of why you struggle to achieve your goals
- How to navigate your way through your own brain for even more success
- Create a clear image of your dreams and the path needed to reach them

Spaces are limited. To reserve your spot
email jen@jenedge.com

JENEDGE
mind | body | life