

## SYDNEY ROWING CLUB – BOUND FOR BEIJING



Sydney Rowing Club members Kurt Spencer and Aleks Berzins are currently in training with crew mates Owen Girardi (South Australia), Matt Dignan (Sydney Grammar School) and coxswain Ed Clarke (St Josephs College) for the Junior World Championships which are being held in Beijing China.

The boys are competing in the coxed fours event and stroke Kurt Spencer was a member of the Australian Quad Sculls crew that brought back the bronze medal from Amsterdam in 2006.

The Championships commence on August 8 and crews from all over the world will be taking part.

Coach of the crew, Glenn Bates is the newly appointed Development Coach at Sydney Rowing Club and says "The crew is training really well and will go into camp at the end of the week for final preparation for the Championships. We are fortunate to have an experienced member in Kurt Spencer and the boys are feeling confident and are eager to be racing"

The Junior World Championships are the forerunner to the Olympic Games and the junior crews will be "testing the water" for the big event in 2008.

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